



Mentor | Speaker | Mrs Woman of the Universe South Africa 2026

CHARLENE KLEYNHANS

Mrs Universe South Africa 2026 1st Runner-Up
Founder: Her Collective
The Next Opulent Model 2026 Finalist
Mrs Woman of the Universe 2026

Brand Ambassador:

- Glam Girl Accessories
- Cupcakes of Hope
- Kryolan Northern Cape
- ARC Pharmaceuticals
- GLOOT

**EMPOWERING YOUNG GIRLS AND WOMEN
TO DISCOVER THEIR IDENTITY, CONFIDENCE
AND PURPOSE.**



Mentorship Profile

I am, Charlene Kleynhans is the Mrs Universe South Africa 1st Runner-Up, a speaker, entrepreneur and mentor with a passion for empowering girls and women to recognise their worth, embrace their individuality and build authentic confidence.

My journey through pageantry, public speaking and personal growth has shaped my understanding of the challenges women face, from comparison and self-doubt to finding their identity and purpose. I believe that true confidence begins with knowing who you are, rather than trying to become who the world expects you to be.

As the founder of Her Collective, I brings this philosophy to life through Her | Within, a mentorship initiative dedicated to creating a supportive space where girls and women can discover their strengths, develop self-belief and grow into the most authentic versions of themselves.

[Learn More](#)



I am also a Brand Ambassador for Glam Girl Accessories, Cupcakes of Hope and Kryolan Northern Cape, ARC Pharmaceuticals and GLOOT, using my platform to support brands and initiatives that uplift and empower women.

As a The Next Opulent Model 2026 Finalist and Woman of the Universe 2026 I continue to expand my platform while advocating for girls and women to embrace their value, develop their voice and grow into confident women of influence.

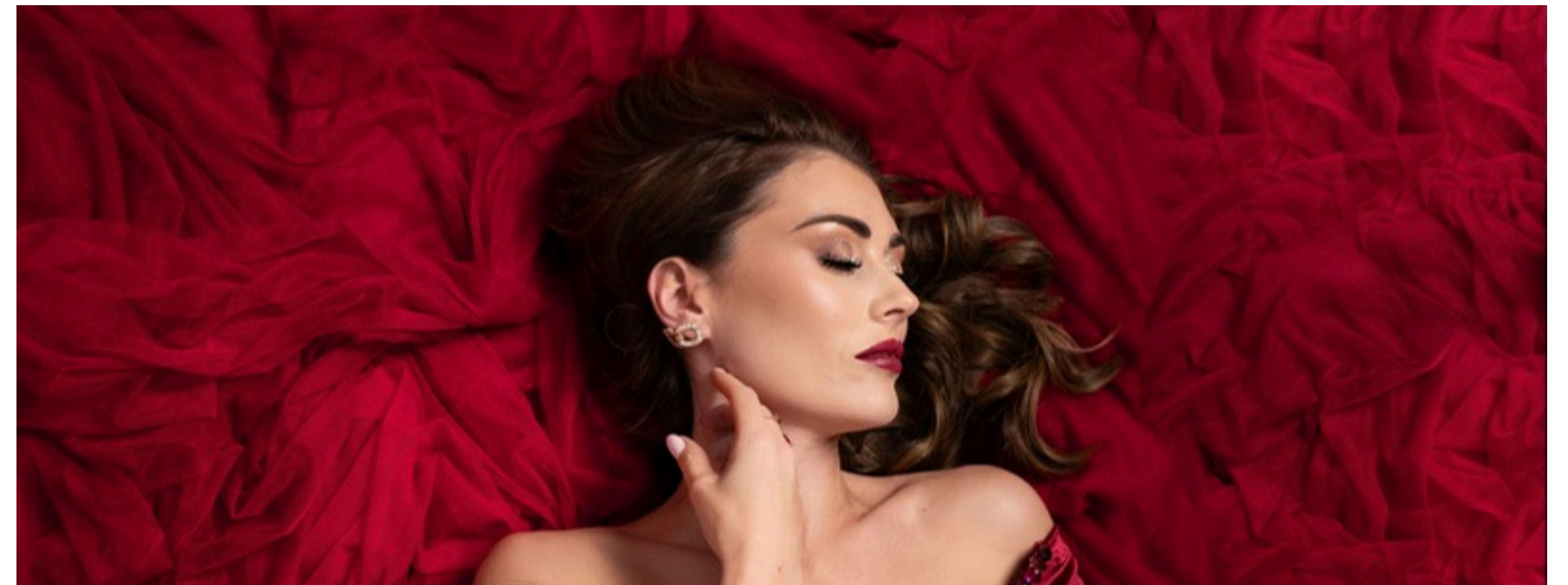
My mentorship focuses on helping girls and women grow in confidence, character and presence, both on and off the stage.



Mentorship Focus Areas

Charlene offers mentorship in the following areas:

- Confidence development
- Identity and self-worth
- Personal growth and mindset
- Communication and public speaking
- Social media pressure and self-image
- Personal presence and confidence
- Pageant preparation and guidance



Who the Mentorship Is For

Charlene mentors:

- Young girls developing confidence and identity
- Women participating in pageants
- Women preparing for pageant competitions
- Young women seeking personal growth and guidance
- Girls and women wanting to grow in confidence and presence

Mentorship Format

Mentorship sessions are available as:

- One-on-one mentorship sessions
- Online or in-person (when available)
- Sessions are designed to provide personal guidance, encouragement and practical tools to help girls and women grow in confidence and develop their potential.



Mentorship Sessions

Individual Mentorship Session

60 minute session

Focus may include:

- Confidence development
- Personal growth and mindset
- Pageant preparation
- Public speaking guidance
- Personal presence and identity



Pageant Preparation Bundle

8 Sessions

Includes:

- Interview preparation
- Confidence & mindset
- Personal presence
- Guidance throughout the pageant journey



Mentorship Bundles

Starter Bundle

3 Sessions

Growth Bundle

5 Sessions



[Learn More](#)

Teen Confidence Sessions

Individual Teen Confidence Sessions

60 minute session

Focus may include:

- Self-worth & self-image
- Body confidence & self-acceptance
- Friendships, peer pressure & boundaries
- Social media & comparison
- Overcoming insecurity & self-doubt
- Finding your voice & speaking with confidence
- Embracing individuality & personal strengths

A supportive space to grow, feel heard and discover the confidence to be unapologetically you.



Teen Confidence Bundles

Starter Bundle

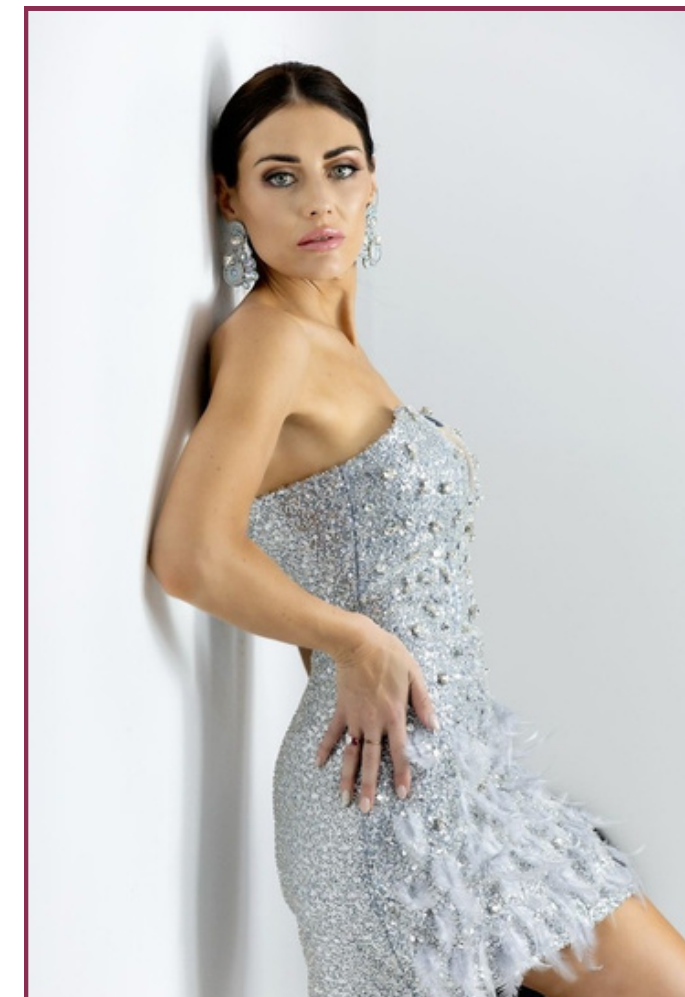
3 Sessions

Growth Bundle

5 Sessions

TEEN CONFIDENCE

*Finding Your Voice. Knowing your Worth.
Building Confidence.*



8 Sessions

Includes:

- Self-worth & Identity
- Body image & Acceptance
- Friendship & Peer pressure
- Social Media & Comparison
- Finding your voice
- Confidence & Mindset
- Personal Growth & Guidance

[Learn More](#)

Speaking Engagements & Event Judging

Speaking Engagements & Event Judging, available for:

- Schools & Youth events
- Women's empowerment events
- Pageant workshops
- Corporate & community events

Topics include:

- Identity & Self-Worth
- Confidence & Finding Your Voice
- Overcoming Comparison & Self-Doubt
- Becoming a Woman of Influence

Fees available on request. Please get in touch for a personalised quote.

Contact

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Socials:

Instagram: mrs_charlene_kleynhans

Facebook: Charlene Mrs Universe SA 1st Princess

